

# PEACE IS...

A Kids' Guide to Creating a Better World



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Dedication: To all the children that are our future, including my most beloved, William.

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## WHAT IS PEACE?



How can I help create peace at school?

Working together and helping each other out.



What can you do to help your classmates and teacher?

Sharing what we have so everyone gets what they need.



How can we share at school? How can we share with others outside of school?

Accepting the feelings of others around us.



How can you show others that you see and hear their feelings?

Using our words, not our hands, when we are upset.



What can you say to let others know you are upset?

Trying to find solutions to problems so that everyone is satisfied.



What do you need at school?

Making amends if you make a mistake.



What can you do or say to make things better if you make a mistake?

Standing beside others when they need our support.



What can you do or say to help someone who needs support?

Seeing that we are all unique and have special gifts.



What are your special gifts? How can you share them?

Accepting that deep down, we are all one.



Caring for each other as much as possible!



How can you show your classmates, teachers and the rest of the school that you care?

Not always easy.



But it is always our choice.



CHOOSE Peace!

To me, peace is					

My name is:

