

# PEACE Is...

A Child's Reflection Book



# Peace is...



**Sharing what we have with others.**

What could you share?

# Peace is...



**Using our words, not our hands, when we are upset.**

What can you say when someone upsets you?

# Peace is...



**Working together and helping each other.**

What can you do to help your family?

# Peace is...



**Trying to find a compromise so everyone is happy.**

Have you made a compromise lately?

# Peace is...



**Accepting we are all unique and different.**

What makes you unique?

# Peace is...



**Making amends if you make a mistake or hurt someone else.**

What can you do or say to let others know you are sorry?

# Peace is...



**Loving each other as much as possible!**

How can you show your family that you love them?